

American Cancer Society August 2026 Newsletter

Keeping you updated on everything happening at the ACS and other cancer resources and topics

National Health Center Week

NHCW is an opportunity to highlight the commitment and passion of community health centers' patients, staff, board members, and supporters who make it possible to provide quality, comprehensive healthcare services to patients across more than 17,000 communities.



Each day of National Health Center Week is dedicated to a particular focus area:

- Sunday, August 2: Theme Day
- Monday, August 3: Staff Appreciation Day
- Tuesday, August 4: Patient Appreciation Day
- Wednesday, August 5: Health Conditions Focus
- Thursday, August 6: Populations Day
- Friday, August 7: Partner Appreciation Day
- Saturday, August 8: Gratitude and Future Vision

Building Innovative Care
Where It Matters Most.



Looking for an event? Just click on the map to explore what's happening around you!



This year's theme celebrates how CHCs use creativity and commitment to advance innovative solutions that meet patients where they are and improve primary care delivery, access, and outcomes nationwide. This includes partnering with key stakeholders and elected officials to strengthen relationships that support high-quality, patient-centered care in the communities they serve.

Story Telling



Collaborating with the American Cancer Society has allowed us to be more resourceful in meeting our patients' needs and ensuring they receive the support they deserve.

Project Vida Health Center



Working with the American Cancer Society has enabled us to better connect patients with valuable resources and provide the support they need in our rural communities.

Cactus Health Services

National Wellness Month

August is National Wellness Month, a reminder that wellness is an important part of overall health. Whether you're caring for patients, supporting loved ones, or managing your own health, small daily habits make a big difference. Encouraging regular physical activity, healthy eating, quality sleep, stress management, and preventive care can help improve well-being and reduce the risk of chronic disease. This month take time to focus on your own wellness and encourage patients to take small steps towards healthier lifestyles.



Talking Points for Staff and Patient Education

- Wellness includes physical, mental, and emotional health.
- Small changes can lead to lasting health benefits.
- Stay hydrated and choose nutritious foods whenever possible.
- Aim for regular physical activity, even short walks count.
- Keep up with preventive care, screenings, immunizations, and routine check ups.
- Encourage patients to set one realistic wellness goal they can work toward this month.
- Find healthy ways to manage stress, such as deep breathing, mindfulness, or connecting with others.
- Strong personal wellness supports healthier families and communities.



Click [HERE](#) for more information on Living Well resources, such as exercise & physical activity, diet & nutrition, sun safety, sleep, meditation, and much more.

Back to School Month



As families prepare for a new school year, it's a great time to focus on healthy habits that support student success. Encourage parents and caregivers to schedule annual wellness visits, ensure immunizations are up to date, establish healthy sleep routines, and promote good nutrition and physical activity. Starting the school year healthy can help children thrive both in the classroom and beyond.

Ensure children have a plan for managing chronic disease at school, such as asthma, diabetes, & allergies

Talk about mental health, stress, and adjusting to new routines.

Encourage healthy breakfasts and nutritious snacks.

Discuss handwashing & other healthy habits



HELPFUL ONLINE RESOURCES:

[Back to School Mental Health: educator, parent and student resources.](#)

[Free printable checklists, daily routines for kids, & more.](#)

[Managing chronic health conditions in school.](#)



New Resources to Expand Your CRC Screening Toolbox

Looking for practical guidance on integrating new colorectal cancer screening options into clinical practice?

ACS recently hosted Expanding the CRC Screening Toolbox with Blood-based Screening, a webinar designed to help clinicians understand where blood-based CRC screening fits alongside FIT, stool DNA testing, and colonoscopy. The session covers current evidence, appropriate patient selection, communication strategies, and follow-up considerations to support high quality, evidence-based screening.

Be sure to explore the recording and other CRC screening resources available through the [ACS NCCRT Resource Center](#).



Reminder for ACS NCCRT Members: Register for the upcoming Blue Star Conversation on Wednesday, August 26, from 2:00–3:00 p.m. ET.

This interactive members-only session will explore the cost-effectiveness of Lynch syndrome screening strategies in colorectal cancer, including universal germline testing, and will feature expert presentation and small-group discussion. If you did not receive your registration invitation, contact the ACS NCCRT team.

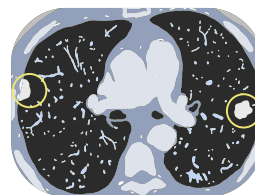
World Lung Day

World Lung Cancer Day – August 1st



In honor of World Lung Cancer Day this month, help save lives by talking with eligible patients about lung cancer screening. Early detection with annual low-dose CT screening can find lung cancer before symptoms develop, when treatment is more likely to be successful.

Review the American Cancer Society's Lung Cancer Screening Guidelines and resources to support conversations with your patients



[Lung Cancer Early Detection](#)

[Lung Cancer Guide](#)



Additional Resources



VOICES of Black Women, led by the American Cancer Society, is a national movement inviting Black women to help improve Black women's health through shared experiences and insight. [Click here](#) to learn more about the study.



Cancer Facts & Figures 2026

[Patient Navigator Training & Credentialing](#) | [American Cancer Society](#).