

American Cancer Society July 2026 Newsletter

Keeping you updated on everything happening at the ACS and other cancer resources and topics

UV Safety Month

UV Safety Month is observed every July to raise awareness about the dangers of ultraviolet (UV) radiation and promote sun-safe habits for skin and eye protection

Health Risks of UV Exposure

- **Skin Cancer:** UV radiation is the primary cause of most skin cancers, with cumulative exposure increasing risk over time
- **Premature Aging:** UVA rays penetrate deep into the skin, breaking down collagen and elastin, leading to wrinkles and age spots
- **Immune System Effects:** Excessive UV exposure can suppress immune function, reducing the body’s ability to fight infections
- **Eye Damage:** UV rays can contribute to cataracts, corneal damage, and vision loss if unprotected

Protective Measures

- **Sunscreen:** Apply broad-spectrum SPF 30 or higher, reapplying every two hours or after swimming or sweating
- **Protective Clothing:** Wear long sleeves, pants, wide-brimmed hats, and clothing with high UPF ratings
- **Shade:** Avoid direct sun exposure between 10 a.m. and 4 p.m., when UV radiation is strongest
- **Sunglasses:** Use sunglasses that block 100% of UVA and UVB rays, preferably wrap-around styles
- **Avoid Tanning Beds:** Artificial UV sources can be more intense than natural sunlight
- **Check the UV Index:** Monitor local UV levels to plan outdoor activities safely

What is UV Radiation?

Ultraviolet (UV) radiation is a type of electromagnetic energy emitted by the sun and some artificial sources, invisible to the human eye, that can affect skin, eyes, and DNA.

Sun protection is important!

Learn more [here](#).

UV Protection Chart				
Low (0 - 2)	Medium (3 - 5)	High (6 - 7)	Very High (7 - 10)	Extremely High (11 +)
Sunscreen Sunglasses	Sunscreen Sunglasses Hat	Sunscreen Sunglasses Hat Shade	Sunscreen Sunglasses Hat Shade	Sunscreen Sunglasses Hat Shade Staying indoors between 10 a.m. - 4 p.m.

Sarcoma & Bone Cancer Awareness Month



The American Cancer Society’s estimates for primary cancer of the bones and joints for 2026 are:

- About 4,110 new cases diagnosed (2,290 in males and 1,820 in females)
- About 2,210 deaths (1,240 in males and 970 in females)

This includes cancers in both children and adults.



CLICK ON LINKS
TO READ MORE



Cause and Risk Factors

Early Detection and Diagnosis

Treating Bone Cancer

National Cancer Roundtables: Accelerating Prevention and Early Detection

The National Cancer Roundtables bring together experts across primary care, oncology, public health, and community organizations to advance evidence-based strategies that prevent cancer, improve early detection, and reduce disparities. Each Roundtable focuses on a specific cancer type or cross-cutting issue, helping clinicians stay aligned with national best practices.

Clinicians can find evidence-based resources, toolkits, and implementation guidance on roundtable websites to support high-quality cancer care. The sites also offer professional education opportunities, including webinars and learning sessions, along with case studies and quality improvement tools to advance equitable care across the continuum. *[*Click on the Roundtable logos to access each website and explore available resources.](#)*



1. Mobilize – drive national/community efforts towards health equity.
2. Improve – early recognition of signs and symptoms.
3. Support – on-time screening participation and adherence.
4. Promote – timely follow-up after abnormal results.
5. Identify – timely treatment initiation.



1. Risk Assessment and Screening – early detection, awareness, and reducing late-stage diagnosis.
2. Access to Care for Localized Prostate Cancer – multidisciplinary treatment, reducing overtreatment, and optimize quality of life.
3. Improving Outcomes in Advanced Prostate Cancer – Metastatic care, next-gen therapies, and support survivorship.



1. Sustainable Navigation – Implementation + long-term infrastructure.
2. Driving Equitable Cancer Care – Standards, evidence, adoption, and equity.
3. Strategic Partnerships – Collaboration + knowledge sharing.
4. Funding and Policy – Reimbursement and system sustainability.
5. Ethical Integration of Technology – Digital tools, access, and ethical use.



NBCRT advances efforts to improve early detection, access to high-quality screening, and timely treatment for breast cancer. The roundtable emphasizes reducing disparities in outcomes and ensuring equitable access to care across the cancer continuum.



The NLCRT works to increase lung cancer screening rates, improve early detection, and ensure timely, high-quality treatment. Efforts focus on high-risk populations and reducing stigma and access barriers associated with screening and care.



The HPVRT focuses on increasing uptake of HPV vaccination as a primary prevention strategy to reduce HPV-related cancers. Efforts center on mobilizing public awareness, strengthening provider engagement, and improving equitable access to vaccination.



The NRTCC focuses on eliminating cervical cancer through HPV vaccination, regular screening, and timely follow-up care. The roundtable prioritizes reaching underserved populations and closing gaps in prevention and treatment. Their work also emphasizes follow-up after abnormal screening results.

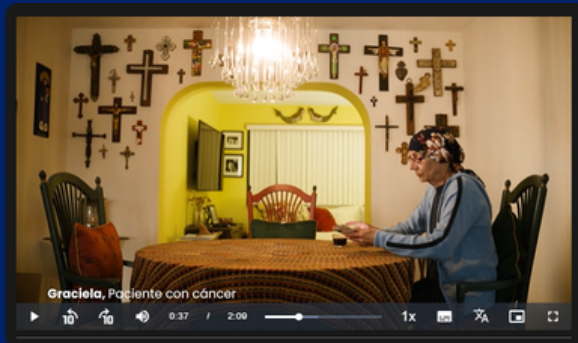
Road To Recovery Materials Now Available for Partner Use

The American Cancer Society has released new and refreshed Road To Recovery marketing materials to support patient referrals and volunteer driver recruitment. These ready-to-use tools include flyers, posters, digital ads, and outreach materials designed to help increase awareness and improve access to transportation for patients who need rides to cancer treatment.

Clinics and community-based organizations play a critical role in helping patients connect to this service and in sharing opportunities for community members to volunteer as drivers. These materials can be used in waiting rooms, patient communications, staff outreach, and community settings to help expand reach and impact.



Volunteer Driver Behind the Scene Videos



[Free Rides for Cancer Patients: Hope Behind the Wheel – Spanish](#)



[Free Rides for Cancer Patients: Hope Behind the Wheel – Spanish](#)

To access the materials and email templates for sharing with your networks, please reach out to your American Cancer Society Staff Partner. They can provide direct links, guidance, and help you tailor outreach to your community.

Additional Resources



VOICES of Black Women, led by the American Cancer Society, is a national movement inviting Black women to help improve Black women's health through shared experiences and insight. [Click here](#) to learn more about the study.



Cancer Facts & Figures 2026

[Patient Navigator Training & Credentialing | American Cancer Society.](#)